



## Hayling Island: cycling route

Distance (km)	Instruction	Notes
0	Start on the island side of the Langstone Bridge along the A3020 and just past the garage look for the cycle path along the west coast - the Hayling Billy Trail. Continue south.	The track opened for passengers in 1867 and closed following the 'Beeching' railway cuts in 1963. Langstone Harbour. This is an internationally important site for its wildfowl and wading birds - look out for large flocks of brent geese, oyster catchers and dunlin in winter.
4.5	At The Station Theatre turn right along Sinah Lane	
5.6	Turn right at Ferry Road and continue west to Portsea Ferry at south west tip of island	
7.1	At Ferry Inn retrace steps east along coastal tracks	
10.6	At the Westfield roundabout continue east along the sea front	Funfair and Mad Hatters Tea room
12.2	At Warren Sands, just beyond the Lifeboat Inn, drop onto the coast to follow the Hayling Island Promenade. Just before its western end turn left down a ramp, into a back alley and continue north on Bosmore Road. At the junction turn left onto Eastoke Avenue, follow this all the way to Southwood Road and stay on this to reach Rails Lane.	
17.6	Turn right and head north to the A3023	Pass Maypole Inn
20.3	Near Fleet turn right, just before the Yew Tree Inn, and head along Yew Tree Lane. Continue along this lane to reach Langstone Bridge	Pass Northney Farm Tea rooms and The Salt Shack
24.3	Turn right on the A3023 to return to the start.	
24.8	End route	